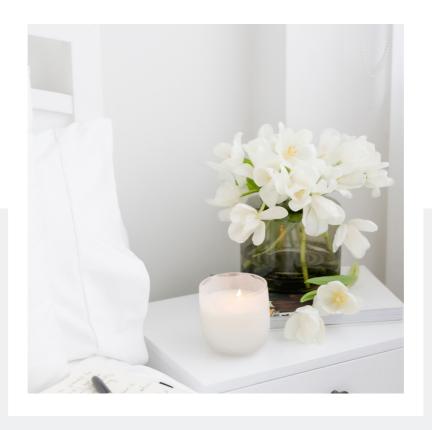








DECLUTTER CHALLENGE



ARE YOU READY FOR NEW BEGINNINGS IN YOUR HOME?

IT'S TIME TO GET RID OF THE OLD. IT'S TIME TO DECLUTTER.

THIS 30-DAY DECLUTTER CHALLENGE BREAKS
DOWN WHAT CAN BE AN OVERWLHEMING TASK,
INTO SMALLER DAILY TASKS TO HELP YOU GET
YOUR HOME REFRESHED FOR THE SPRING.

LET'S RECLAIM THE CALM...

SMN SIMPLE NEAT HOME

Declater DAYS 1 TO 10

BASEMENT (1)

Sort through basement contents.

Dispose of what is old, broken, & no longer used.

FRIDGE & FREEZER

Go through fridge and freezer. Getrid of expired goods.

BASEMENT (2)

Sort through basement contents.
 Dispose of what is old, broken, & no longer used.

PANTRY & JUNK DRAWER

Dispose of expired food items. Sort
through junk drawer. Don't forget
to sort through your
cook/bake/Tupperware and
utensils.

GARAGE

Sort through garage contents.

Dispose of what is old, broken, & no longer used.

LIVING ROOM

Sort through and get rid of any old and unused electronics, furniture, & decor.

ENTRYWAY CLOSET

Sort through everything in your entryway closet and bag what you no longer need.

LAUNDRY ROOM

KITCHEN TABLE & CUPBOARDS

Clear all clutter from your kitchen table. Go through cupboards and sort through contents.

LINEN & STORAGE ROOM

Get rid of really old and unused linens, cleaning products, and supplies.

Decliter DAYS 11 TO 20

BEDROOM CLOSETS (1)

Go through your bedroom closet and sort through its contents. Bag donations and items to discard.

PLAYROOM

16 — Get rid of broken toys. Donate gently-used and aged-out toys.

BEDROOM CLOSETS (2)

Go through your bedroom closet and sort through its contents. Bag donations and items to discard.

HOME OFFICE & LIBRARY

Clean out drawers and sort through books. Donate gently-used books.

BEDROOM CLOSETS (3)

Go through your bedroom closet and sort through its contents. Bag donations and items to discard.

MAIL & PAPERWORK

Sort through receipts, unopened mail, etc...File what's to be kept & shred the rest.

BEDROOM DRESSERS & DRAWERS

Sort through dressers and drawers.

Bag donations and items to discard.

STORAGE ROOM (1)

19 — Sort through contents of your storage room and get rid of trash.

BATHROOMS & MEDICINE CABINET

Sort through toiletries, products, expired, and unused medications.

STORAGE ROOM (2)

20 — Sort through contents of your storage room and get rid of trash.

Decliter DAYS 21 TO 30

ADDITIONAL ROOMS

Go through additional rooms in your house. Get rid of trash, put aside items you'd like to donate.

DISPOSE OF TRASH (1)

26- Sort through and pack up all items to be thrown out.

ADDITIONAL CLOSETS

Go through additional closets in your house. Get rid of trash, put aside items you'd like to donate.

DISPOSE OF TRASH (2)

27 — Sort through and pack up all items to be thrown out.

BACKYARD & SHED

Get rid of any damaged tools, furniture, decor and supplies.

REORGANIZE (1)

28 — Go through your now decluttered home and reorganize anything that is out of place.

CARS

Empty all compartments, vacuum floors, remove/wash mats, and shampoo seats. Remove & clean car seats.

REORGANIZE (2)

29 — Go through your now decluttered home and reorganize anything that is out of place.

DONATE GENTLY USED ITEMS

Begin to setup pickups and dropoffs for gently-used items that you are donating.

REST

You're done! Kick up your feet, relax, and enjoy your newly refreshed home.

SM SIMPLE NEAT HOME

Declattering Tracker

TICK OFF EACH DAY AS YOU COMPLETE IT

01	02	03	
04	05	06	
07	08	09	
10	11	12	
13	14	15	
16	17	18	
19	20	21	
22	23	24	
25	26	27	
28	29	30	



ITEM	KEEP	DONATE	DISPOSE



ITEM	KEEP	DONATE	DISPOSE



ITEM	KEEP	DONATE	DISPOSE



ITEM	KEEP	DONATE	DISPOSE