



30 Day
DECLUTTER CHALLENGE



ARE YOU READY FOR NEW BEGINNINGS IN YOUR HOME?

IT'S TIME TO GET RID OF THE OLD. IT'S TIME TO DECLUTTER.

THIS 30-DAY DECLUTTER CHALLENGE BREAKS DOWN WHAT CAN BE AN OVERWHEMING TASK, INTO SMALLER DAILY TASKS TO HELP YOU GET YOUR HOME REFRESHED FOR THE SPRING.

LET'S RECLAIM THE CALM...

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SIMPLE NEAT HOME

Declutter

DAYS 1 TO 10

1

BASEMENT (1)

Sort through basement contents. Dispose of what is old, broken, & no longer used.

2

BASEMENT (2)

Sort through basement contents. Dispose of what is old, broken, & no longer used.

3

GARAGE

Sort through garage contents. Dispose of what is old, broken, & no longer used.

4

ENTRYWAY CLOSET

Sort through everything in your entryway closet and bag what you no longer need.

5

KITCHEN TABLE & CUPBOARDS

Clear all clutter from your kitchen table. Go through cupboards and sort through contents.

6

FRIDGE & FREEZER

Go through fridge and freezer. Get rid of expired goods.

7

PANTRY & JUNK DRAWER

Dispose of expired food items. Sort through junk drawer. Don't forget to sort through your cook/bake/Tupperware and utensils.

8

LIVING ROOM

Sort through and get rid of any old and unused electronics, furniture, & decor.

9

LAUNDRY ROOM

Clean & sanitize laundry appliances. Dispose of old laundry products and supplies.

10

LINEN & STORAGE ROOM

Get rid of really old and unused linens, cleaning products, and supplies.

Declutter

DAYS 11 TO 20

11

BEDROOM CLOSETS (1)

Go through your bedroom closet and sort through its contents. Bag donations and items to discard.

12

BEDROOM CLOSETS (2)

Go through your bedroom closet and sort through its contents. Bag donations and items to discard.

13

BEDROOM CLOSETS (3)

Go through your bedroom closet and sort through its contents. Bag donations and items to discard.

14

BEDROOM DRESSERS & DRAWERS

Sort through dressers and drawers. Bag donations and items to discard.

15

BATHROOMS & MEDICINE CABINET

Sort through toiletries, products, expired, and unused medications.

16

PLAYROOM

Get rid of broken toys. Donate gently-used and aged-out toys.

17

HOME OFFICE & LIBRARY

Clean out drawers and sort through books. Donate gently-used books.

18

MAIL & PAPERWORK

Sort through receipts, unopened mail, etc...File what's to be kept & shred the rest.

19

STORAGE ROOM (1)

Sort through contents of your storage room and get rid of trash.

20

STORAGE ROOM (2)

Sort through contents of your storage room and get rid of trash.

Declutter

DAYS 21 TO 30

21 — **ADDITIONAL ROOMS**
Go through additional rooms in your house. Get rid of trash, put aside items you'd like to donate.

22 — **ADDITIONAL CLOSETS**
Go through additional closets in your house. Get rid of trash, put aside items you'd like to donate.

23 — **BACKYARD & SHED**
Get rid of any damaged tools, furniture, decor and supplies.

24 — **CARS**
Empty all compartments, vacuum floors, remove/wash mats, and shampoo seats. Remove & clean car seats.

25 — **DONATE GENTLY USED ITEMS**
Begin to setup pickups and drop-offs for gently-used items that you are donating.

26 — **DISPOSE OF TRASH (1)**
Sort through and pack up all items to be thrown out.

27 — **DISPOSE OF TRASH (2)**
Sort through and pack up all items to be thrown out.

28 — **REORGANIZE (1)**
Go through your now decluttered home and reorganize anything that is out of place.

29 — **REORGANIZE (2)**
Go through your now decluttered home and reorganize anything that is out of place.

30 — **REST**
You're done! Kick up your feet, relax, and enjoy your newly refreshed home.

Decluttering Tracker

TICK OFF EACH DAY AS YOU COMPLETE IT

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